

Kalamazoo County 4-H

Social Recreations Project Guidelines

Project Leader or Superintendents: N/A

Project Social Media: N/A

Project Objectives & Life Skills*

- To encourage youth to reflect on and appreciate the traditions of their own family, fostering a deeper understanding of their cultural heritage and personal identity.
- To encourage youth to assist in the transfer of information and knowledge in their communities.
- To encourage youth to manage resources and budgets in acquiring their collection and ensuring the safe selection, storage and maintenance of a collection.
- **Head**
 - o Planning/organizing
 - o Goal setting
 - o Critical thinking
 - o Learning to learn
- **Heart**
 - o Communication
 - o Social skills
 - o Sharing
 - o Nurturing relationships
- **Hands**
 - o Teamwork
 - o Self-motivation
 - o Contribution to group effort
 - o Leadership
- **Health**
 - o Character
 - o Stress management
 - o Personal safety
 - o Self-esteem

**note these life skills are just some examples of what 4-H members will learn in this project*

Additional Resources

[4H 1329 Foodways: A 4-H Folk Patterns Project and Activity](#)

[Sheets](#)

[4-H Folk Patterns](#)

[Folk Arts in Education](#)

[Record Keeping Folkpattern Information](#)

[4-H 1506 Folkpatterns Leader's Guide and Activity Pages](#)

[4-H 1330 Family Folklore and Activity Sheets](#)

[Traditional Arts Program History](#)

[Getting Started with Folklore & Folklore Studies —](#)

[HYLDYR](#) (extra resources under section 7)

[My Favorite Things – Shop 4-H Collections Curriculum](#)

[Popular Collectibles and How to Start Your Very Own](#)

[Collection](#)

[Tips for starting \(and enjoying\) a collection](#)

[Coin Collecting basics](#)

[Elsie Carper · Images from Manuscript Collections ·](#)

[Tips, tricks for beginning collectors](#)

[Stamp collecting for beginners](#)

[Getting started with the basics of book collecting](#)

[Camera Collecting Basic](#)

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Section F–Social Recreations

● Folk Patterns

- Folk Patterns means the traditions (patterns) of people (folk). In this project, 4-H members should learn about the traditions and cultural heritage of themselves, their families, communities and others. These traditions and skills are learned by talking to people and learning from them, where possible, along with researching these traditions and skills from reliable resources.
- Projects could include notebooks, photographs, folk pattern interviews, folk patterns, scrapbook sheets, tape-recorded interviews with tapes and indexes, videotapes, posters and handmade objects. All papers **must** be in a notebook, 3 ring binder, or a presentation folder. Loose papers will not be accepted as a valid entry.
- Folk crafts can be included in this class but must include the object and an explanation of the tradition and how it was learned. If a folk craft does not have an explanation of the tradition and how it was learned it should be entered into the folk arts project (Department 63) under the correct section.
- Example of Folk Pattern project starter ideas from the MSU Museum
 - Animal lore
 - Architecture and historical sites
 - Traditional knowledge and beliefs
 - Celebrations, ceremonies, festivals and holidays
 - Cemetery study
 - Children's lore
 - Clothing and ornamental traditions
 - Customs or traditional practices
 - Dance
 - Ethnic traditions
 - Family folklore and history
 - Folk arts and crafts
 - Foodways
 - Games and toys
 - Gardening traditions (includes heritage gardening)
 - Genealogy
 - Traditional humor and jokes
 - Hunting, fishing and trapping lore
 - Local history
 - Medicine and remedies
 - Music and song
 - Narratives
 - Occupational traditions
 - Speech (traditional words, expressions or names)
- Objectives provided by the MSU Museum of the basic objectives of any Folk Patterns project:
 - to provide members with skills, knowledge and attitudes needed to successfully collect and interpret oral and visual history materials.
 - to provide members with opportunities to develop communication skills.
 - to develop in members a deeper appreciation and understanding of traditional aspects of their lives.
 - to develop in the community an increased awareness of and appreciation for local history and folklore.
 - To join 4-H youth and leaders with local humanities resources in developing and carrying out projects.

- Collections
 - The project will consist of a collection of objects of the 4-H members' choosing.
 - Collections projects must add a minimum of 5 items each year to your current collection.
 - Exhibit must be either a poster or notebook sharing photos of your collection and how it is displayed. Notebooks must be cumulative to show how your collection has grown since it was started.
 - The display of your collection should be neat, organized and dependent on what type of items are in the collection.
 - Project sheets (page 4-5) must accompany your collection poster or notebook.
 - Rocks (department 79, section C) , wildflower (department 68, section G) and insect (department 69, section ZB) collections should go under their respective categories.
 - What the judge will be looking for:
 - Neat, organized collection
 - What is the theme of your collection? What ties everything together?
 - Record keeping of your collection
 - Is your collection housed in the right display manner? How is your collection arranged?
 - What did you learn during this project year?

Collections Project Sheet

Name: _____

Club: _____

Age: _____ Years in project: _____ Year: _____

Photograph of new items collected during the past year

How did you become interested in collecting these items? _____

What did you enjoy most about collecting during this past year? _____

What did you learn during this past year? _____

What problems, if any, did you encounter? _____

What would you like to add to your collection in the future? _____

List of items collected during the year _____

(Additional pages may be added if needed)

[illegible]

_____ Number of new items added to the collection

_____ Number of items in the collection last year

_____ Total number of items in your collection